

Asset Building Ideas for Brothers & Sisters

- Get to know your brothers and sisters better. Even though you may live together, you may not know each other well. Find out what you have in common and how you are different.
- **Share your interests and talents with each other.** Ask your brothers or sisters to show you how to do something they are really good at – anything from cartwheels to cooking to using the computer. Offer to teach your brothers or sisters something you know well.
- If you don't get to spend much time with your brothers or sisters, write short notes to let them know you're thinking of you them.
- **Thank your siblings when they do nice things for you.**
- If people compare you with your brothers or sisters, ask them to stop. Suggest that they point out your individual strengths instead.
- Don't tease your siblings. Even if it's just for fun, it might make them sad.
- **Show your support for each other.** For example, if one of your brothers or sisters plays a sport, go to some of their games to cheer them on.
- Get to know each others' friends.
- Work together to help others. Clean up your house or yard without being asked. Help a neighbor with a project.
- Remind each other about your family's values and household rules. **Encourage each other to make positive choices.**
- Know that all brothers and sisters sometimes have conflicts. Agree to solve conflicts peacefully. Ask your parents or other adults for help to learn and practice conflict resolution skills.



Having brothers and sisters can make life both fun and challenging! Sometimes you may fight or disagree. Other times you may be good friends. Whether you love being together or drive each other crazy, **YOU and your brothers and sisters can be important asset builders for each other!**

Developmental assets are the positive relationships, opportunities, values and skills that young people need to grow up caring and responsible.

Sibling can help each other experience assets such as family support, positive family communication, positive peer influence, peaceful conflict resolution and positive cultural identity.

See the full framework of 41 developmental assets at www.projectcornerstone.org

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