



# INTEGRITY BALLOON GAME

## Instructions:

- Give each student a balloon which they blow up and tie.
  - The challenge of this game is for everyone to keep their balloon in the air by hitting it.
- Last person standing wins, but you have to sit down if any of these things happens:
  - Your balloon touches the ground: sit down.
  - Anyone else's balloon touches you: sit down.
  - You look ANYONE in the eyes: both sit down.
  - If you say anything: sit down.
- Say: Ok, sound simple? We will see, GO

## Leader:

- Watch carefully for students who might be 'stretching' the rules such as looking at someone and not sitting down, accidentally getting touched by another balloon, or talking.
- Hopefully, these rules will prove more challenging for students, and they might begin to try to tell others who break the rules to sit down, which is one of the things that means they have to sit down.
- Once the first round is over, which means that only one person is standing, ask the group if they have any questions about this game.
  - Ask them which rule was the toughest to remember.
  - Say: Ok, let's try this again, and remember the rules.
- Play the game again.
- Gather the group together and be sure to take all of the balloons!

## Discussion Questions:

- What was the toughest part about this game?
- Here is a strange question, but an important one: How tempting was it to cheat at this game?
- What are some of the ways that you could have cheated at this game?
- Come, on, someone HAD to have cheated at this game, right?
- How simple was it to 'act' like someone's balloon didn't really touch your arm, or maybe you did look at someone, but you both kind of had this secret 'look' and acted like neither of you looked at the other.
- What are some of the greatest tests of integrity that youth face today?
- Which integrity quote did you identify with the most?
- If time allows, read each of the integrity quotes again and discuss them.
- Do you think integrity is valued today in society? Why or why not?
- What do you think is the biggest challenge that youth face in keeping their integrity today?
- Share a time when it was very tempting to lie or be less than God would want you to be.
- What types of situations test your integrity the most?