



TRAFFIC LIGHT GAME

Time: 10-20 minutes

Materials:

Construction paper, scissors

Implementation:

With colored construction paper of cardstock, cut out a red circle, a green circle and a yellow circle. With music playing in the background, have children start driving around the room. They should make beeping and engine noises while doing so. Every 30 seconds or so, hold up a colored circle. Stop if the circle is red, slow down if it's yellow, and go-go-go if it's green. If the circle is red, the children must stand still, if they are yellow, they must slow down and if they are green have them act as normal.

Discussion Questions:

- Was it easy to follow the rules of the lights (i.e. slow down when yellow, freeze when red)?
- What made it easy or difficult?
- Did you ever think about not following the rules of the light? If so, what could have happened?
- Why is it important to have rules and follow them?